**WINTER BREAK TRIP INFO:**

**SEA KAYAKING AT LITTLE TYBEE ISLAND, GA**

Trip Itinerary

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| 12/5: Meet at Kalamazoo College Campus, Drive 10+ hours to Cloudland Canyon State Park, GA for overnight camping with all 3 trip groups |
| 12/6: Drive to River’s End Campground in Tybee Island, GA, Pick-up any people flying in to Savannah |
| 12/7: Skills training day with Sea Kayak Georgia (guide service) |
| 12/8-12/11: On the water paddling and camping amongst islands in Little Tybee Island Complex, Paddling 5+ miles each day, Camp likely moving each night |
| 12/12: Drop off any people flying out from Savannah, Drive to Cloudland Canyon State Park in GA and rejoin the other winter break trip groups |
| 12/13: Drive back to K college (return in later evening) |

Sea Kayak Trip Daily Schedule

Wake Up

Breakfast

Pack up camp (take down tents, pack up gear, etc.)

Kayak

Pause for Lunch

Kayak

Snack

Kayak

Arrive at campsite

Set up camp

Dinner

Evening hang-out and reflection time

For more details: <https://outdoor.kzoo.edu/trips-and-programs/winter-break-trip/winter-break-trip-details/>

Questions? Contact [outdoorprograms@kzoo.edu](mailto:outdoorprograms@kzoo.edu)

Arrival, Departure, and Travel Information

**Everyone will need to complete the Travel Information Form by November 12th to communicate your travel plans to us.** Please be sure to follow the guidelines below when planning your travel.

* **TRAVELING TO TYBEE ISLAND BY KALAMAZOO COLLEGE OUTDOOR PROGRAMS VANS**:
  + Arrival on campus: Sunday, December 5th by 8 am. We will depart campus promptly at 9 am.
  + Return to campus: Monday, December 13th – plan for later evening.
  + Please note: dorms will not be open to students prior to or after the trip. You are responsible for transportation and lodging before we depart campus for the trips and upon your return to campus at the end of the trip.
* **TRAVELING TO TYBEE ISLAND BY PLANE**:
  + Flights must be in and out of Savannah, GA Airport (airport code: SAV)
  + Arrival: Monday, December 6th, Flights must arrive BEFORE 3:00 pm
  + Departure: Sunday, December 12th, Flights must depart AFTER 9:00 am
* **TRAVELING TO TYBEE ISLAND BY CAR**
  + Arrival: Monday, December 6th after 3:00 pm at River’s End Campground in Tybee Island, GA
  + Departure: Sunday, December 12th before 8 am from River’s End Campground in Tybee Island, GA

Required Paperwork – Due by November 12th!

* **Outdoor Programs Release** (Complete at Pre-Trip Meeting): https://outdoor.kzoo.edu/trips-and-programs/sign-the-release/
* **Medical History Form** (Complete at Pre-Trip Meeting)
* **Travel Information Form**: https://outdoor.kzoo.edu/trips-and-programs/winter-break-trip/winter-break-travel-information/
* **Gear Rental Form**: https://outdoor.kzoo.edu/gear-rental-form/
  + If you need to check out any personal gear from Outdoor Programs at no extra cost

What We Provide

* Kayak Equipment (Provided by Sea Kayak Georgia): Boats, Paddles, PFD (Life Jacket), safety equipment and an experienced guide
* Food and Water (all meals and snacks on travel and trip days – you are welcome to supplement with some of your own snacks as well or bring spending money for extra food on our driving days, we can accommodate dietary restrictions and allergies as long as we know about them on your medical history form)
* First Aid Kit (including typical first aid items and basic medications such as Ibuprofen, Tylenol, anti-diarrheal medication, etc.) carried by leaders certified in wilderness medicine
* Camping gear: tents, cooking equipment, bathroom kits, 1-2 medium-sized dry bags per person, etc.

How to Pack for the Trip (Recommended)

Bag #1: Small bag to have with you in the van on driving days

Set of clean Driving Clothes

* Clothes to wear on the drive down to GA and same set to wear on the way back to MI (including a different pair of shoes) – this is highly recommended!

Extra warm layers

* Very likely the nights could be a bit chilly camping in Georgia. An extra warm layer or two will be helpful.

Additional Items

* Entertainment, Personal medications, Snacks, Water bottle, Spending money

Bag #2 (Store everything in a large backpack or duffel on the drive down, split into smaller bags for kayaking)

Note: Everything you want to take with you in your kayak will need to be in small dry bags or freezer, gallon-size ziploc bags stored in nylon or mesh bags/stuff sacks. There is plenty of room in the kayak for everything you will need but the hatch openings are small (about 8”x10”). If you put everything in large bags, it won’t fit into the kayak! If something is not in a dry bag or Ziploc, it will probably get wet. Label all your bags!

Paddling Clothes

* Quick-dry pants, shorts, t-shirts
* Sun and bug protection
* Closed-toed paddling shoes
* Windbreaker/rain jacket

Camp Clothes

* 2nd set of clothes (similar to paddling) so you always have a dry set to change into in camp
* Closed-toed camp shoes
* Warm socks
* Long underwear/base layers for chilly nights

All other items and gear from the packing list

Sea Kayaking Packing List

\*All items on the packing list are REQUIRED unless otherwise noted.

Equipment

* Sleeping bag and stuff sack – mummy-style, minimum 20-30˚F rating, compressible (1)\*
* Sleeping pad – closed-cell foam pad or inflatable (1)\*

Personal Hygiene/Medication

* Toothbrush/toothpaste
* Glasses/Contacts – and backups
* Tampons/sanitary napkins (for those who menstruate – bring this even if you are not scheduled to menstruate during the trip)
* Personal prescription medications

Additional Items

* Water bottles – 6 LITERS TOTAL\*
  + You need to have the capacity to bring 6 liters of water – get creative! Nalgenes, 2-liter soda bottles, milk jugs, etc.
* Cup/bowl (1)\*
  + A square sized Tupperware with a lid will work great as your plate/bowl!
* Spoon/fork (1)\*
  + This can be a regular spoon and fork from your silverware drawer
* Headlamp – and extra set of batteries (1)\*
* Gloves/mittens – lightweight, no cotton!
* Large, heavy duty trash bag (1-2)
* Gallon-sized Ziploc bags (7+, labeled w/ your name)
* Lip balm/chapstick (1)
* Brimmed hat or ballcap (1)
* Sunglasses (1)
* Sunscreen – SPF 25+ (1)
* Insect repellant
* Small towel – fast-drying and compact is best
* Personal snacks
* Some spending money for snacks on driving days (optional but recommended)
* Entertainment for the drive (i.e. headphones, books, CDs, etc.)
* ID and a copy of your insurance card

Clothing

* Socks – wool or synthetic (2-3)\*
* Paddling shoes – closed-toed, hard sole, with heel strap that won’t come off in the water (1)
  + Ex. Keens, Water shoes, Sneakers
* Camp shoes – closed-toed (1)
  + Ex. Extra pair of sneakers, crocs
  + NOT chacos or tevas that are open-toed
* T-shirts/tank tops – no cotton! (2)
* Long underwear/thermal top – no cotton! (1)
* Insulating shirt/jacket – medium weight (1)
* Rain jacket – lightweight, waterPROOF (1)\*
* Insulating hat – synthetic/wool (1)
* Underwear – cotton okay
* Long underwear/thermal bottom – no cotton! (1)
* Shorts – no cotton! (1)
* Pants – quick-drying, sun protection, not denim or cotton! (1)
* Lightweight long-sleeve shirt (warm weather bug protection)
* Rain pant – lightweight and water proof (1)\*
* Set of clean, comfy clothes for the driving days (including an extra set of shoes)
* Head bug net for mosquitoes and gnats

Optional Items (Highly Recommended)

* Folding pocket knife
* Bandana (1-2)
* Insulated pant – fleece or synthetic-filled
* Camera
* Personal first-aid supplies (band-aids, moleskin, OTC painkillers, etc.)
* Small to medium dry bags
* Watch
* Journal and writing utensil
* Book, cards, frisbee, hacky sack
* Travel size shampoo/soap (we may have access to showers at the campground on our way back to MI)
* Corn starch or baby powder to get sand off @ night
* Swimsuit
* Cleansing wipes (small amount)

\*These items can be checked-out from the Outdoor Programs gear room for no extra fee. Please complete the Gear Rental Form before November 12th if you would like to check out any of these items.

*Note*: If you need help finding specific items or are having trouble sourcing anything, *please let us know* – we may have extra items that you can check out or know where you can get the item without spending too much money.

*Please do not bring*: Illegal drugs, Alcohol, Tobacco or nicotine products (this is a nicotine-free trip), Prescription meds without a prescription, Sheath knives